

LiveHealth[®]
O N L I N E



Have a video visit with a doctor or therapist at home, work or on the go with **LiveHealth Online**

Use **LiveHealth Online** from your smartphone, tablet or computer to:

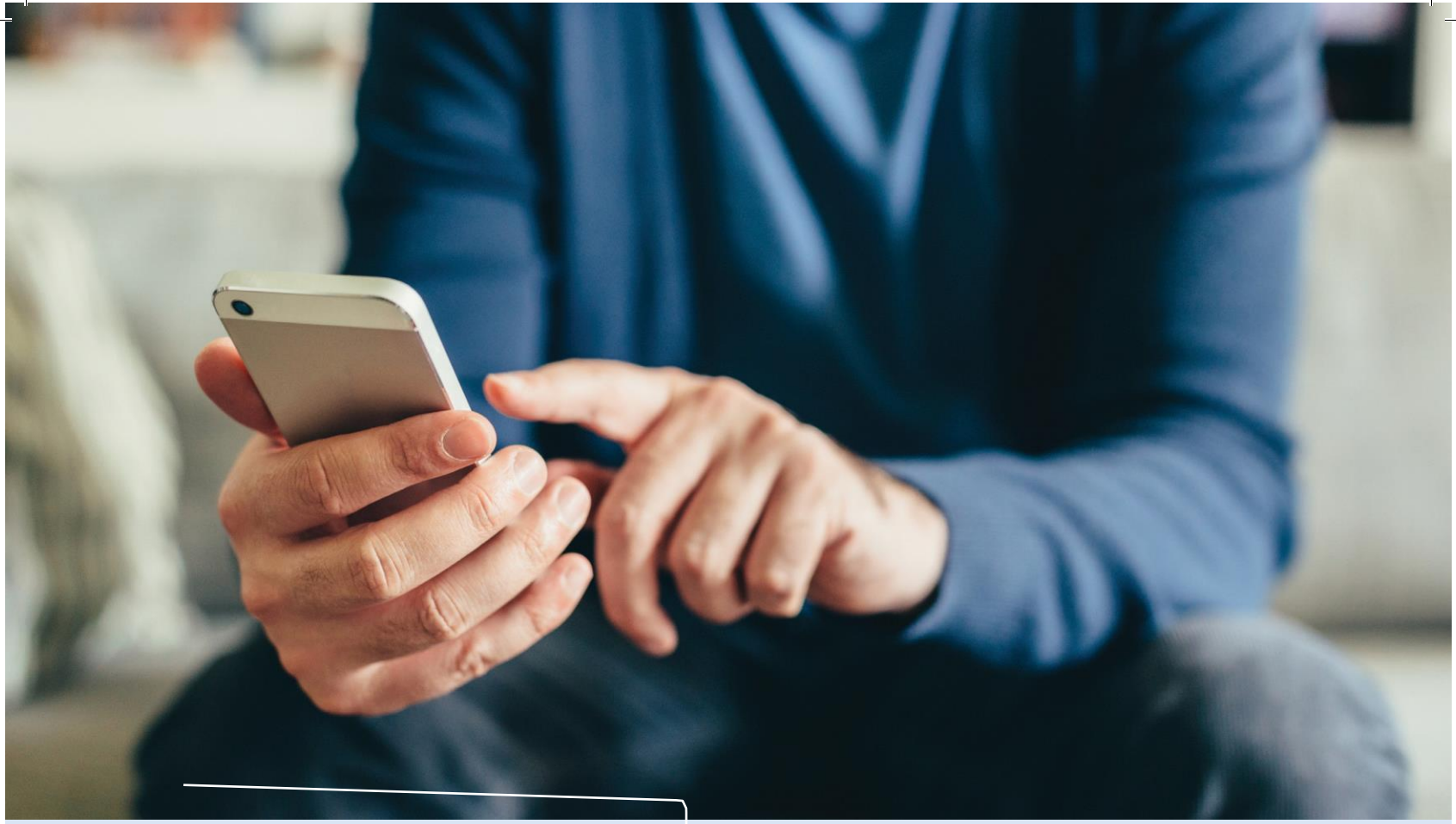
- **See a board-certified doctor within minutes – no appointment necessary.** Doctors are available 24/7 to assess your condition, and if needed, send a prescription to your local pharmacy. This is a fast and easy alternative to get care for conditions like a cold, the flu, allergies, sinus infection and other common health issues. Cost is the same as a PCP visit.
- **Make an appointment with a licensed therapist in four days or less with LiveHealth Online Psychology.** You can get help for anxiety, depression, grief, panic attacks and more. Daytime, evening and weekend appointments are available. Schedule online or call **1-844-784-8409**. Cost is the same as an outpatient behavioral health office visit.
- **NEW! Use your Employee Assistance Program (EAP) to see a counselor at no cost.** You can use LiveHealth Online to talk with a licensed counselor as part of your EAP benefit. Call **1-855-223-9277** to get your coupon code and details on how to make your first appointment. Your EAP covers up to 4 free visits per issue per plan year.

Sign up for **LiveHealth Online** today.

Download the app and register on your phone or tablet, or register online at livehealthonline.com.



Anthem Blue Cross and Blue Shield is the trade name for Anthem Health Plans of Virginia, Inc.
© Registered marks Blue Cross and Blue Shield Association.



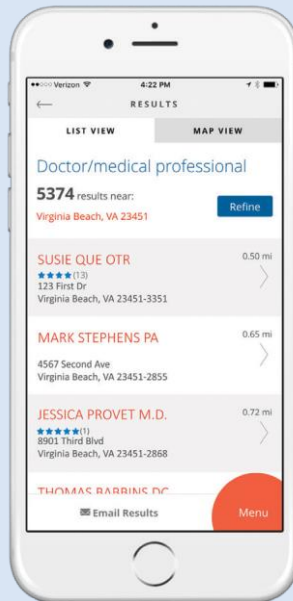
Anthem Anywhere

Health care you can carry in your pocket

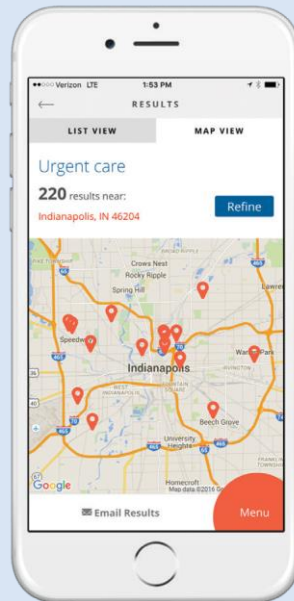
Use your mobile device to view your ID card – just like the one you carry in your wallet. Search for doctors, the nearest urgent care center, and hospitals with turn-by-turn driving directions, so much more. Just **download the Anthem Anywhere app** from the **Apple Store (iOS)** or **Google Play (Android)** today so you can access your health plan from anywhere, anytime. You'll use the same user name and password that you use on anthem.com.



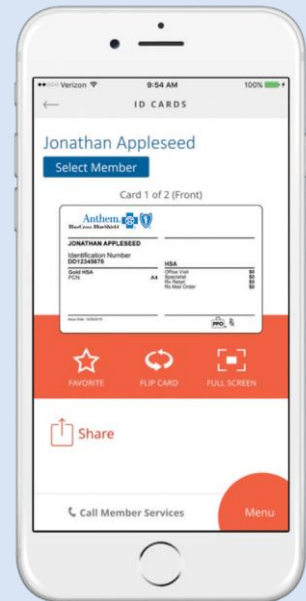
HOME



FIND A DOCTOR



URGENT CARE



VIEW YOUR ID CARDS